**A. Cause or Effect? mark C for cause and E for effect for people’s obesity. (It might be both C and E.)s**

**( Obesity is being overweight.)**

Example: \_\_*C*\_ People eat too much. (This causes obesity)

C\_\_\_People have no time to exercise.

\_E/C\_\_People have a poor self-image.

\_E/C\_\_People are depressed.

\_C\_\_ People spend too many hours in front of their computer.

\_\_C\_People buy too much junk food.

\_E\_\_ People have more health problems.

B. Be careful on this exercise. You must combine the two sentences so that they make sense. The word in parentheses either goes at the START of the sentence OR it will go between the sentences to combine them. You may NOT move the sentences around.

Look at the examples:

(Because) I could not turn in my homework. The dog ate it.

*I could not turn in my homework because the dog ate it.*

(Since) My dog bit my sister. The dog has to stay outside now.

*Since the dog bit my sister, it has to stay outside now.*

(Consequently) She had no other options. She married at thirteen.

\_\_\_She had no other options, consequently, she married at thirteen.\_ Note the commas around the connecting word

(Since) There was poor sanitation in the village. She had health problems.

\_\_\_Since there was poor sanitation in the village, she had health problems.\_\_\_\_\_\_\_\_\_\_\_\_

(Because) The water was impure in her village. She suffered from parasites.

\_\_\_Because the water was impure in her village, she suffered from parasites.\_\_\_\_\_\_\_\_\_\_\_\_\_

(Thus )She had no shoes, warm clothes or blankets, thus she was often cold. Note only one comma because Thus is a short connecting word.

*[She had no shoes. Thus, she was often cold. This is how it would look as two sentences. But you are supposed to make it ONE sentence. ]*

She had no resources to grow food, as a result, she was hungry.

**C. Read these two topic sentences:**

***Students love to stay up late at night but they might not realize all of the negative effects of lack of sleep.***

***There are many causes for students’ lack of sleep.***

*Put an X by every sentences that are supporting details for the yellow and the blue topic sentences above.*

\_X\_ Students may do poorly on their school work.

(no connection)\_\_ Students have part-time jobs.

\_\_X\_\_ Students will have trouble paying attention in school.

\_X\_ Students may get sick more easily.

\_X\_\_Students like to go out with friends and come home late.

\_X \_ Students may gain weight more easily.

\_X\_\_ Students have a lot of assignments to do.

\_\_X\_ Students like to play video games late at night.

**D. Reading strategies for Unit 2 - *True or False***

F\_\_\_ Scanning a text is helpful when you have time to read everything.

T\_\_\_ “A picture is worth a thousand words” means that you can look at a picture, chart or graph for information without having to read a long text.

\_F\_\_ “et al” is a Greek term that means “nobody” It means: “ and others” …

**E. Agree/Disagree/No connection to the readings:**

\_\_\_\_\_\_Agree\_\_\_\_\_\_ 50-75% of people will relapse after drug therapy.

\_\_\_no connection\_\_\_\_\_\_\_\_\_Drug therapy is better than cognitive-behavioral therapy.

\_\_no connection\_\_\_\_\_\_\_\_\_\_Phobias are more common in adults.

\_\_agree\_\_\_\_\_\_\_\_\_\_ Fears can be unlearned.

\_\_\_\_disagree\_\_\_\_\_\_\_\_ People who suffer from severe phobias never need drug therapy.

\_\_\_no connection\_\_\_\_\_\_\_\_\_ Common phobias are fear of the dark, fear of wet noodles and fear of sharks.

\_\_\_\_disagree\_\_\_\_\_\_\_\_ Phobias can become fears.

\_\_\_\_\_\_no connection\_\_\_\_\_\_ Doctors should learn more about treating phobias and fears.

\_\_\_\_no connection\_\_\_\_\_\_\_\_ People don’t know much about phobias.

\_\_\_disagree\_\_\_\_\_\_\_\_\_The fear of speaking in public is less common than the fear of speaking to strangers.

\_\_\_no connection\_\_\_\_\_\_\_\_\_ Anxiety is not as serious as a phobia.

What are three effects of smoking?

What are three causes of crying babies?

What is one effect of global warming?

What is one cause of global warming?

What is one effect of this review sheet?

What is the effect of receiving a cookie ?

What is the cause of giving the cookie?